



During an advanced facial, some treatment modalities may be contraindicated with certain medications, conditions, and products. It is vitally important that you follow this guide carefully. All advanced facial treatments require a filled & signed consent form prior to the start of the service and must be updated regularly. The following consent form will be sent to you upon booking an advanced facial treatment, an consists of pre-and-post-care instructions. You will be given more post-care instructions by your service provider during the consultation.

## **Advanced Facial Treatment Consent & Intake Form**

### **Client Information**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact Name & Phone: \_\_\_\_\_

### **Skin & Medical History**

Please check any that apply:

- Pregnancy or trying to conceive
- Breastfeeding
- Diabetes
- Autoimmune disorder
- Cancer (current or past)
- Heart condition
- Epilepsy/seizures
- Hormonal imbalance
- Thyroid condition
- Skin cancer history

Have you taken Accutane (Isotretinoin) within the last 12 months?



Yes  No

Are you currently under a physician or dermatologist's care for your skin?

Yes  No

### **Skin Conditions**

Please check any that apply:

- Rosacea
- Active acne
- Extremely sensitive skin
- Broken capillaries
- Eczema
- Psoriasis
- Dermatitis
- Cold sores / herpes simplex
- Sunburn or windburn
- Open lesions or cuts
- Keloid scarring
- Skin infections

### **Current Skincare Products / Active Ingredients**

Are you currently using or have used within the past 7 days:

- Retinol / Retin-A / Tretinoin
- Adapalene / Differin
- Vitamin C serums
- Glycolic Acid



- Salicylic Acid
- Lactic Acid
- Benzoyl Peroxide
- Prescription topical acne medication
- Hydroquinone
- Exfoliating scrubs
- At-home chemical peels

List products or prescriptions currently used:

### **Recent Treatments**

Have you received any of the following in the last 2 weeks?

- Chemical peel
- Laser treatment
- Waxing
- Botox
- Dermal filler
- Microneedling
- Dermaplaning
- Microdermabrasion

If yes, explain:

### **Treatment Consent**

During your facial treatment, the following professional modalities may be used if appropriate for your skin:

#### **Dermaplaning**



Removes vellus hair and dead skin cells using a sterile blade.

Contraindications include:

- Active acne
- Inflamed skin
- Rosacea flare-ups
- Open lesions

### **Microdermabrasion**

Mechanical exfoliation using crystals or a diamond tip.

Possible side effects:

- Temporary redness
- Mild sensitivity
- Slight peeling

### **Hydrodermabrasion**

Water-based exfoliation and infusion treatment.

Possible side effects:

- Mild redness
- Temporary tightness

### **Chemical Peels**

Application of professional exfoliating acids.

Possible reactions include:

- Redness
- Peeling or flaking
- Temporary sensitivity
- Rare risk of hyperpigmentation

### **LED Light Therapy**



Uses therapeutic light wavelengths to address acne, inflammation, and aging.

Contraindications include:

- Photosensitizing medications
- Epilepsy triggered by light

### **Ultrasonic Skin Scrubber**

Uses vibration to remove impurities and assist with product penetration.

### **High Frequency**

Uses electrical current to treat acne and oxygenate the skin.

Contraindications include:

- Pregnancy
- Pacemaker
- Metal implants

### **Pre-Treatment Acknowledgement**

I understand that I should:

- Avoid retinol and active exfoliants 3–5 days before treatment
- Avoid sun exposure or tanning before my appointment
- Inform my esthetician of any medications or skin changes
- Disclose all allergies or sensitivities

### **Post-Treatment Care**

I understand that after treatment I should:

- Avoid sun exposure for 48 hours
- Wear SPF daily
- Avoid retinol, acids, and exfoliation for 3–5 days
- Avoid heat (saunas, hot yoga, steam rooms) for 24–48 hours
- Avoid picking or scratching the skin



- Follow recommended homecare

### **Product Acknowledgement**

During my facial, professional skincare products may be used including ingredients such as:

- Retinoids
- Vitamin C
- Alpha Hydroxy Acids (AHA)
- Beta Hydroxy Acids (BHA)
- Enzymes
- Peptides
- Antioxidants
- Botanical extracts

I understand these ingredients may cause temporary redness, sensitivity, or mild peeling, and that if I do not properly disclose all above information, an avoidable and unwanted reaction may occur.

### **Liability Waiver**

I confirm that the information I have provided is accurate and complete. I understand that withholding information may increase the risk of adverse reactions.

I understand that results vary and that no guarantees have been made regarding treatment outcomes.

I voluntarily consent to receive professional skincare treatments at Storybook Salon.

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_